

## **REPORT**

### **Women Development Cell (2022-23)**

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**Convenor :** Dr Aishwarya Jha

**Members :** Dr. Tanushree, Dr. Aanchal Sethi, Dr. Shahida Khan, Dr. Akanksha Singh, Dr. Anjana, Ms. Neha Ahuja, Dr. Nitin, Dr. Usha Singh, Dr. Pratibha, Dr. Vibha Singh

#### **About Women Development Cell (WDC) :**

The establishment of the Women Development Cell of Swami Shraddhanand College, in the year 2011 was indeed a landmark achievement for the college in pursuance of the policies of women empowerment, with an aim to build a gender sensitive campus. The cell has been actively working for the intellectual and social upliftment of the female students, and facilitating institutional support for their holistic development. Women Development Cell with the motto of “Educate and Empower” formulates plans, policies, and awareness programs ; organizes training, conferences, guest lectures, workshops, boot camps on socio-political aspects of gender discourse, and welfare activities in collaboration with both governmental and non-governmental organizations. WDC aims is to provide and maintain a dignified, congenial working environment for women employees (including teaching, non-teaching, and contractual workers) and students, where they can work, study, and explore their potential to the fullest.

#### **Recent program organized by WDC :**

With the constant support of our principal, Prof. Parveen Garg; the women development cell of Swami Shraddhanand College organised a seminar on the topic- ‘What you need to know about

women's health' on 28<sup>th</sup> April, 2023 (Friday) in the Seminar Hall, New Campus. Both the resource persons, Dr.Nisha Bhatnagar (Obstetrician and gynaecologist) and Dr. Sonal Chadha (clinical psychologist) were welcomed by the Principal and the WDC team.

WDC convenor, Dr. Aishwarya Jha introduced the topic. Dr. Nisha Bhatnagar highlighted the importance of reproductive health, menstrual health and hygiene along with the role of proper nutrition for women at different stages of life. Dr. Sonal Chadha discussed about the importance of mental health in addition to the physical health of a person. She interacted with the students about how social media can detrimentally impact the mental health. Both the esteemed speakers had a very fruitful interaction with our young minds and guided them. Vote of Thanks was given by Dr Tanushri Saxena. The talk was well anchored by Dr. Aanchal Sethi.

WDC members Dr.Pratibha, Ms. Neha, Ms. Akanksha Singh & other faculty members were present. The committee received a positive feedback from the students and faculty members and the seminar was a great success.

**Few glimpses of the program :**

